

## UC Davis Physics Graduate Student Resources

### **Student Health and Wellness Center**

<https://shcs.ucdavis.edu/>

Primary Care, Pharmacy, Lab, and Urgent Care: M-T & TH-F 8am-5:30pm & W 9am-5:30pm

Make an appointment online: <https://shcs.ucdavis.edu/services/appointments>

UC SHIP (health insurance) is provided with a 25% (or more) TA, AI, or GSR appointment, and covers services at the Student Health and Wellness Center. For more information about Health Insurance, visit: <https://shcs.ucdavis.edu/insurance/ship-benefits-information>.

### **Counseling Services**

<https://shcs.ucdavis.edu/counseling-services>

219 North Hall

Counseling services are by appointment only. Services include individual counseling and group services, such as the Graduate Group that meets weekly throughout each academic quarter (must sign up to join). Counseling services can help you with: academic problems, ADHD, anxiety, career concerns, concerns with alcohol/drug use, conflict resolution, depression, eating disorders, family problems, identity concerns, loneliness, personal development, problems with intimacy, relationship concerns, sexual assault, and stress management.

### **Online Stress & Depression Questionnaire**

<https://www.wecareucdavis.org>

SHCS Counseling Services offers a completely anonymous 10-minute questionnaire that allows you to assess how stress and depression may be affecting you. After completing the questionnaire, a campus counselor will personally respond to you over this website with recommended options for follow-up. Your identity will not be known to the counselor unless you decide to share it. What happens after you complete the questionnaire is completely up to you. You are free to talk to a counselor through the website, meet with a counselor in person, or take no further action. No follow-up services will be provided unless you request them.

### **Student Disability Center (SDC)**

<https://sdc.ucdavis.edu>

54 Cowell Building

The SDC is staffed by professional Disability Specialists who specialize in different areas of disability: Learning, Vision, Hearing, Medical, Psychological, and Mobility. SDC Disability Specialists have worked with individual Physics Graduate Students to determine appropriate accommodations for courses and exams, and provided letters authorizing accommodations.

## UC Davis Physics Graduate Student Resources

### **Services for International Students and Scholars (SISS)**

<http://siss.ucdavis.edu/index.html>

SISS assists incoming and current international students and scholars, and their families with visa and immigration issues while they are at UC Davis. In addition to preparing the necessary documents to apply for a U.S. visa, SISS assists international students and scholars in maintaining their legal status while in the United States. SISS also provides orientation, assistance, information, and referral to international students, faculty, and researchers regarding financial, personal, cultural, and academic concerns.

### **Cross Cultural Center (CCC)**

<https://ccc.ucdavis.edu>

Student Community Center, M-TH 10am-8pm & F 9am-5pm

The UC Davis CCC provides a culturally relevant community space where student voices can be expressed and respected. The CCC cultivates critical consciousness and cultural competency by providing learning opportunities at the crossroads of the many aspects of our identities and experiences. By embracing our cultural and intellectual heritage, the CCC supports student leadership in advancing our collective vision for community empowerment and social justice.

### **Multicultural Resources (not just for undergraduates)**

<https://www.ucdavis.edu/admissions/undergraduate/community/>

UC Davis' cultural communities help make the campus a vibrant place for all students, faculty and staff. They provide opportunities for students to learn about both their own culture and other cultures. Listed at this site are some of the campus' culturally-focused programs and resources focused on African American and African Students, Asian and Pacific Islander Students, Chicana/Latina Students, European Cultural Groups, Middle Eastern Students, and Native American Students.

### **Information about Spiritual Organizations in Davis**

[https://daviswiki.org/Religious and Spiritual Organizations](https://daviswiki.org/Religious_and_Spiritual_Organizations)

This DavisWiki page provides links to information about a wide variety of religious and spiritual groups in the local community. DavisWiki is a useful resource for finding lots of other things as well.

### **Women's Resources and Research Center (WRRC)**

<http://wrcc.ucdavis.edu/>

First Floor, North Hall, M-TH 9am-5pm & F 9am-4pm

The WRRC provides a place for students to learn about resources and educational programs that focus on gender equity and social justice. The WRRC provides opportunities for students to take part in making UC Davis safer and more inclusive for everyone, specifically women, transgender, and gender expansive individuals.

## UC Davis Physics Graduate Student Resources

### **Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual (LGBTQIA) Resource Center**

<http://lgbtqia.ucdavis.edu/>

First Floor, Student Community Center, M-TH 10am-6pm & F 9am-5pm

The purpose and goal of the LGBTQIA Resource Center is to provide an open and inclusive space and community that is committed to challenging sexism, cis-sexism, genderism, homophobia, biphobia, transphobia and heterosexism. The LGBTQIA Resource Center promotes education about all sexes, gender and sexualities, as well as space for self-exploration of these identities.

### **Equity and Inclusion in Physics and Astronomy Facebook Group**

Complete this form: <http://goo.gl/forms/ka0TiJJS1Y> and join through Facebook

Our Facebook Group exists to address the structural and cultural marginalization of underrepresented minorities in our communities and institutions. We strive to provide a platform for underrepresented minorities and allies from across the globe to discuss equality, diversity, and justice in physics and astronomy. The group is a place to share articles, insights, events, resources, and experiences relevant to promoting equity and diversity in our communities, and to find others that care about these issues, to learn from them, and to build new movements.

### **UC Davis Diversity & Inclusion in Physics (DIP)**

<https://davidip.wordpress.com/about/>

The two main goals of Diversity & Inclusion in Physics are: (1) To develop and sustain a supportive community for people in and around the Physics Department that is sensitive to issues faced by members of underrepresented groups in physics (people of color, women, LGBTQIA+ people, people living with visible or invisible disabilities, and others who hold minority intersecting identities). (2) To improve the climate for members of underrepresented groups in physics by working towards change in the department through critical discussion, self-education, and policy revision.

### **Association for Women in Mathematics (AWM), UC Davis Chapter**

<http://awm.math.ucdavis.edu/doku.php>

AWM encourages and supports women and girls to study mathematics and pursue related careers. The organization is open to everyone; this includes all gender identities and students studying subjects other than mathematics.

## UC Davis Physics Graduate Student Resources

### **Empowering Women in STEM (EWIS)**

<http://ewis.ucdavis.edu/>

EWIS aims at creating a strong career pipeline; at bridging the gaps for women in the STEM workforce, including academia, industry and government; and at promoting women in the STEM disciplines. EWIS is gender inclusive and welcomes students and scholars from across disciplines to benefit from EWIS professional development opportunities and the mentorship network.

### **Alliance for Diversity in Science and Engineering (ADSE), UC Davis Chapter**

<https://stem.ucdavis.edu/resources/alliance-for-diversity-in-science-and-engineering-ucd-chapter/>

Contact: [AllianceInScienceDavis@gmail.com](mailto:AllianceInScienceDavis@gmail.com)

ADSE has ten chapters located across the United States. Our mission is to increase the participation of underrepresented groups (Women, Latinos, African-Americans, Native Americans, the LGBTQA community and persons with disabilities, etc.) in academia, industry, and government.